

Small Plates

SOUP OF THE DAY (3,11,12) <i>Served with Homemade Guinness Bread.(1,2,3,8)</i>	€6.00
WILD ATLANTIC WAY SEAFOOD CHOWDER (1,3,4,5,6,11,12) <i>Served with Homemade Guinness Bread. (1,2,3,8)</i>	€9.00
BACON & CHEESE LOADED WEDGES (1,2,3,11,13) <i>Served with Smoked Bacon Aioli.</i>	€7.50
CHEESE LOADED WEDGES (1,2,3,11,13) <i>Served with Chipotle Aioli.</i>	€7.00
CHICKEN WINGS (1,2,3,11,13) <i>Served with Blue Cheese Dip.</i> <i>Choose from: Franks Hot Sauce or Smokey BBQ Glaze.</i>	Small €9.00 Large €12.00
CHILLI NACHOS (1,2,8,11) <i>Melted Monterey Jack Cheese, Jalapenos, Guacamole & Tomato Salsa.</i>	€9.50
CRISPY CALAMARI (1,6,9,10,13) <i>Oriental Slaw, Soy & Sesame Dressing, Chill Mayo.</i>	€9.50

Salads

ARDILAUN SUPERFOOD (VEGAN) <i>Add Chicken €2 Add Prawns €3 (4)</i> <i>Carrot Ribbons, Pickled Peppers, Quinoa, Shaved Radish, Toasted Seeds, Organic Lettuce, Chilli, Soy & Sesame Dressing. (1,8,9,10)</i>	Small €8.50 Large €12.50
CONNEMARA SMOKED SALMON <i>Shaved Red Onion, Radish, Pomegranate, Cucumber, Caper Berries, Organic Lettuce, Lemon & Dill Vinaigrette. (1,11)</i>	Small €9.00 Large €13.00
CARROT & HARISSA FALAFEL (VEGAN) <i>Tahini Yoghurt, Cucumber, Carrots, Shaved Onion, & Dressed Baby Gem. (9,10,11)</i>	Small €7.50 Large €12.50
GRILLED CHICKEN & BACON CAESAR <i>Bacon Lardons, Cos Lettuce, Parmesan, Garlic Crouton & Caesar Dressing. (1,2,3,5,11,13)</i>	Small €8.50 Large €12.50
CLONAKILTY BLACK PUDDING <i>Famous Clonakilty Pudding, Bacon, Organic Leaves, Vine Tomato, Red Onion, Cucumber & Balsamic Dressing. (1,13,14)</i>	Small €8.50 Large €12.50

Large Plates

ARDILAUN THAI CURRY (VEGAN) <i>Chilli, Lemon Grass, Ginger, Coconut Milk, Green Vegetables & Fragrant Rice. (10)</i> <i>Add Chicken €2 / Add Prawns €3 (4)</i>	€14.50
HOMEMADE CHICKEN GOUJONS <i>Served with Chunky Chips & Organic Salad. (1,2,3,11)</i>	€14.50
ARDILAUN FISH & CHIPS <i>Beer Battered Catch of the Day, Chunky Chips, Tartar Sauce, House Slaw & Grilled Lemon. (1,2,5,11,13)</i>	€17.50
HEREFORD BEEF BURGER <i>Smoked Bacon, Applewood Smoked Cheese, Tomato Relish, Garlic Aioli, Lettuce, Toasted Brioche & Chunky Chips. (1,2,3,11,13)</i>	€17.00
CRISPY BUTTERMILK CHICKEN BURGER <i>Applewood Smoked Cheese, House Slaw, Chipotle Aioli, Lettuce, Toasted Brioche & Chunky Chips. (1,2,3,11,13)</i>	€16.00
10 OZ PRIME IRISH BEEF SIRLOIN STEAK <i>Sauté Onions, Mushrooms, Chunky Chips, Brandy Black Pepper Cream or Garlic Butter. (3,10,11)</i>	€34.00
VEGAN CAULIFLOWER BURGER <i>Tomato, Lettuce, Roast Corn & Red Pepper Relish, Toasted Brioche & Chunky Chips. (1,9,11,14)</i>	€14.00
GLINVALLEY CHICKEN SUPREME <i>Creamy Mashed Potato, Green Beans & Forest Mushroom Gravy. (3,11,12,14)</i>	€17.00
HARISSA SPICED LAMB KOFTA <i>Grilled Flat Bread, Lemon, Saffron & Mint Yoghurt, Spicy Potato Wedges. (1,2,3,9,10,12)</i>	€17.00

Sides

HOMEMADE COLESLAW (2,11,12)	€3.00
CHUNKY CHIPS (1,11)	€4.00
POTATO WEDGES (1)	€4.00
MASHED POTATO (3,11)	€3.50
SEASONAL VEGETABLES (3,11)	€3.50
MATT'S ORGANIC SALAD (13)	€4.00
DIPS: SMOKED BACON AIOLI/GRAVY/PEPPER SAUCE/GARLIC MAYO (2,3,10,11,13)	€1.00

Signature Sandwiches

ALL SERVED WITH CHUNKY CHIPS & SALAD

VEGAN SUPERFOOD WRAP <i>Beetroot, Hummus, Roasted Squash, Quinoa, Organic Lettuce. (1,9,11)</i> <i>Add Chicken €2 / Add Falafel €2 / Add Goats Cheese €2</i>	€9.00
GRILLED GOATS' CHEESE CIABATTA <i>Red Onion Jam, Sundried Tomato Pesto, Rocket. (1,3,11)</i>	€9.00
PESTO CHICKEN FOCACCIA <i>Roasted Vine Tomato, Aioli, Buffalo Mozzarella (1,2,3,11,13)</i>	€9.50
ROAST BEEF CIABATTA <i>Red Onion Jam, Pickles, Wholegrain Mustard Aioli, Rocket. (1,2,3,11,12,13)</i>	€14.00
CAJUN CHICKEN WRAP <i>Cajun Chicken, Aioli, Dubliner Cheddar, Tomato, Rocket. (1,2,3,11,13)</i>	€9.00
OPEN CONNEMARA SMOKED SALMON <i>Homemade Guinness Brown Bread, Capers, Red Onion & Rocket. (1,3,5,11)</i>	€10.50
ORGANIC EGG SALAD <i>Aioli, Garden Herbs & Cress, Red Onion, Radish on Toasted Sourdough. (1,2,3,11)</i>	€10.00
FRESHLY CUT SANDWICHES PLAIN €6.50 TOASTED €7.00 <i>White/Brown (1,3,10,13,15) or Gluten Free bread (9,10)</i> <i>Choose from: Ham, Chicken, Cheese, Red Onion, Peppers, Cucumber, Leaves.</i>	

Desserts

HOMEMADE CITRUS PAVLOVA <i>Citrus Curd, Grapefruit & Orange Segments, Pistachio Ice Cream. (2,3,8)</i>	€7.50
WARM CHOCOLATE LAVA CAKE <i>Sour Cherry Compote & Vanilla Ice Cream. (1,2,3,10)</i>	€7.50
SELECTION OF ICE CREAM <i>Brandy Snap Basket, Rich Butterscotch Sauce & Berry Salsa. (1,2,3)</i>	€7.50
BRAMLEY APPLE PIE (VEGAN OPTION AVAILABLE) <i>Vanilla Custard & Ice Cream. (1,2,3,11)</i>	€7.50
DESSERT SPECIAL	€7.50

Allergens

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| 1. Gluten | 7. Peanut | 13. Mustard |
| 2. Egg | 8. Nuts | 14. Lupin |
| 3. Milk/Dairy | 9. Sesame | 15. Other |
| 4. Shellfish | 10. Soy | |
| 5. Fish | 11. Sulphur Dioxide | |
| 6. Molluscs | 12. Celery | |